

# FIRST RECONCILIATION

## How to Celebrate Reconciliation

1. Move forward as the priest invites you.
2. Sit before the priest and look at him as you say:  
“Bless me Father for I have sinned”  
This is my 1<sup>st</sup> Reconciliation (Make the sign of the cross )
3. Listen to the priest’s words.
4. Tell the priest your confession. (If you need help, just ask him.)  
When you are finished, say that **you are sorry**.
5. Listen again to the priest.  
(Father will give you a penance to say or do.)
6. Say the Prayer of Contrition.  
“God, I am sorry for all my sins: for what I have done and for what I have failed to do. I will sincerely try to do better.  
Help me to walk by your light. Amen.”
7. Listen as the priest forgives you in the name of Jesus.
8. Make the Sign of the Cross as the priest forgives you and when he is finished you answer “Amen”.
9. Before you leave, say “Thank you.”
10. Return to your seat in the Church, kneel and say the penance or prayer that the priest asked you to do.

Thank God for forgiving you of your sins and helping you.



St. Mary's Parish

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## Who is this for?

*It is for Parents to help prepare their children for 1<sup>st</sup> Eucharist (Holy Communion) & Reconciliation*

*This group is for those who have been **Baptized Catholic** and in Grade 2 (age 7 or older)*

## Parents complete all sessions with your child.

*It is important for families to share and deepen their understanding of the Catholic faith.*

## Reconciliation (Confession):

*1 Orientation Session*

*2 Preparation Sessions*

*1 “Ready for Reconciliation?” Session*

**1<sup>st</sup> Reconciliation Sacrament with a Priest**

**2 weeks before receiving 1<sup>st</sup> Eucharist**

## 1<sup>st</sup> Eucharist (Holy Communion):

*4 Preparation Sessions*

*1 “Is My Child Ready?” Session*

**1<sup>st</sup> Eucharist Mass in small groups at the Parish**

*Your child needs to have received 1<sup>st</sup> Reconciliation **BEFORE** they can receive 1<sup>st</sup> Eucharist, if possible.*



## *What do I do as the Parent?*

- Register your child for the Sacraments ONLINE. (usually in September of each year)
- Register with the Parish - check web site on how to register
- **Need a copy of your child’s Baptism Certificate**
- A small fee to cover the cost of materials/retreats.
- **Recent Wallet sized Photo** of your child (scan and send to [charmaine.marcinek@rdcrs.ca](mailto:charmaine.marcinek@rdcrs.ca) )
- Complete **all** ONLINE and any in Class Sessions with your child. Ensure that your child is **ready** for their Sacraments.

## *Please have available to Register ONLINE:*

[www.stmarysparishreddeer.com](http://www.stmarysparishreddeer.com)

Click under Sacraments,

Then click 1<sup>st</sup> Reconciliation/1<sup>st</sup> Eucharist

Read information and download any Documents needed

- Your child’s Baptism Certificate - scan and send to [charmaine.marcinek@rdcrs.ca](mailto:charmaine.marcinek@rdcrs.ca)
- Newcomers Form – if new to the parish or for updates
- \$\$ to defray the cost of the resources/materials used

## Preparation is shared by Parents, Parish & School

## **How does the Parish & School work together?**

The Parish and Teachers/School support each family as they prepare their child for the Sacraments. The Sacraments are held in the Parish. Teachers also create opportunities for students to learn additional information about faith throughout the year. If Parents need assistance, they can contact the Parish for additional help.

**We all work together to journey towards the Sacraments**