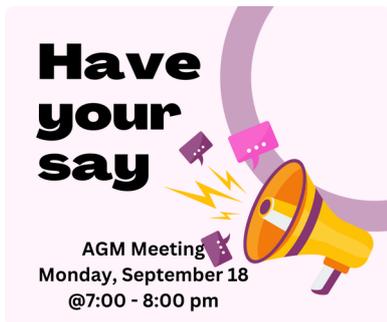




STF Week at a Glance

Week of September 18 - 22, 2023



STF SCHOOL COUNCIL ANNUAL GENERAL MEETING
(Monday, September 18 @ 7:00 to 8:00 pm)

[Agenda](#)

School Fees

School fees are due, please log into your PowerSchool parent portal link [HERE](#). Scroll down to "Fees/Forms"





Orange Shirts 2023-2024

Orange Shirt Day is a legacy of the St. Joseph Mission (SJM) residential school commemoration event held in Williams Lake, BC Canada in 2013. It grew out of Physillis' story of having her shiny new orange shirt taken away on her first day of school at the Mission. It has become an opportunity to keep the discussion on all aspects of residential school happening annually.

Our school division will recognize Orange Shirt Day on Friday, September 29th, 2023.

Each shirt is \$14.00 for youth or adults. \$1.00 from every shirt purchased will go towards an Indigenous Education Services Student Scholarship.

To order your shirts please log into your parent portal through PowerSchool and select school "fees and form" on the tab at the bottom left-hand side of the page to link to your Rycor account. If you are having any issues logging into your PowerSchool account please contact your schools main office.



Montfort Centre 5210 - 61 Street Red Deer Alberta T4N 6N8
T: 403-343-1055 F: 403-347-6410 rdcrs.ca/programs/indigenous-education-services

Dawe Run - Tuesday, September 19, 2023

All students will be participating in the Dawe Run starting at Heritage Ranch and then ending up at Great Chief Park.

Grade 6 - Race at 11:30 (Girls) Race at 11:45 (Boys)

Grade 7 - Race at 12:00 (Girls) Race at 12:15 (Boys)

Grade 8 - Race at 12:30 (Girls) Race at 12:45 (Boys)

Grade 9 - Race at 1:00 (Girls) Race at 1:15 (Boys)



Wolves Cafeteria

Lunch Crew

Mrs. Morcom

Mr. Stuart

Order your student's hot lunch
online to avoid line ups at lunch
time.

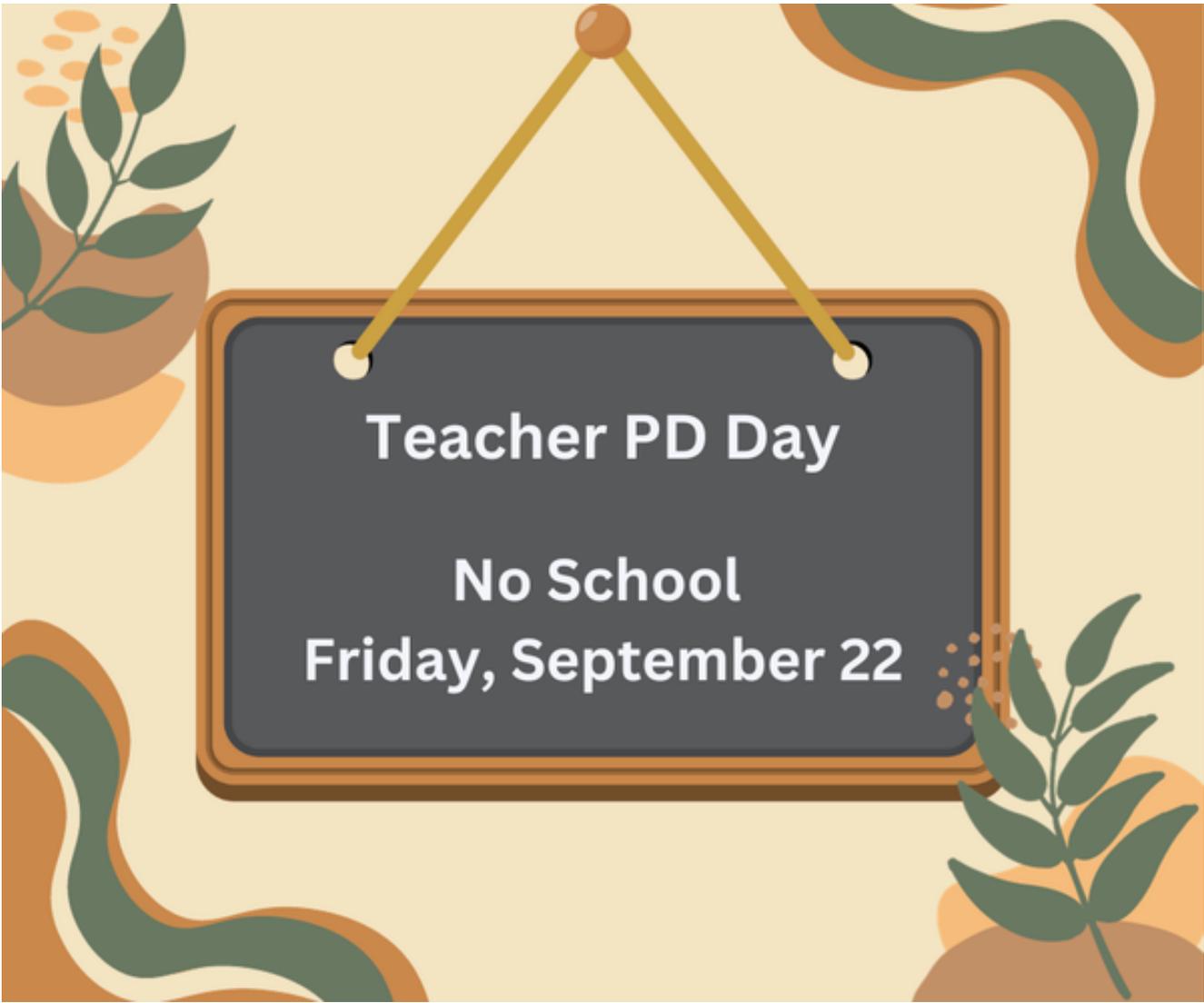


Hot Lunches Order [LINK](#)



**Opening Mass at STF
Thursday, Sept 21 @ 10:30
a.m. with Father Mirek**





Teacher PD Day
No School
Friday, September 22

Circle of Security®

PARENTING GROUP

Are you interested in learning how to cope during emotionally charged moments?
Would you like to better understand and interpret your child's behaviour?
Join us for a series of parenting sessions!

Fall 2023

Wednesday 6:00-7:30 pm
October 11 - November 29, 2022
Location TBA



FREE!

For more information or to sign up call Julie Masson 403-896-0992 or julie.masson@dcrs.ca or katherine.seymour@dcrs.ca

We get it—parenting can be a bit of a mystery sometimes, right?

That's where the Circle of Security® Parenting™ program comes in. Join us for eight sessions tailored to empower parents and caregivers with kids aged 0 - 12 backed by decades of research and designed to provide caregivers with essential tools to foster secure and thriving parent-child relationships.

We'll be diving into some really important topics like:

- Building solid parent/child relationships
- Understanding and supporting your child's emotional growth
- Identifying and leveraging your unique parenting strengths
- Creating a safe space for kids to explore and ask for help
- Figuring out how your own upbringing influences your parenting style

Don't miss you! Join our fall 2023 group today or hop on our waitlist for our Winter morning group!
[#CircleOfSecurityParenting](#) [#Parenting](#) [#RDCRS](#) [#ParentGroup](#)

Connect Parenting

FREE FOR FAMILIES OF RDCRS

Why Connect?

- You want to better your relationships
- You're tired of having the same conversations
- You've run out of ideas to parent your teen
- You can't agree on how much freedom is too much
- You want to parent differently than you were parented

What Parents Say

- 97% of parents feel better equipped to understand their child.
- 95% of parents feel better equipped to understand themselves as a parent.
- 86% of parents see positive changes in their relationship with their child as a result of applying what they learned.

Moretti & Obsuth 2009

Tuesday evenings 6:00-7:30 pm
October 3 - December 5, 2023

Contact us to register or refer a family

rozalyn.vickery@rdcrs.ca

julie.masson@rdcrs.ca

Exciting News! Red Deer Catholic Regional Schools is offering Connect for Caregivers - FREE for our families!

Connect is a 10-week attachment-based program designed to empower parents and caregivers of pre-teens and teens aged 13-17. Delivered in a small, confidential group setting, this program offers a safe space for growth and connection.

Who is Connect for? Ideal for parents seeking to enhance their connections with their youth, especially those facing behavioral and emotional challenges.

What makes Connect unique? Unlike traditional discipline-based programs, Connect places a strong emphasis on attachment. Gain fresh insights into parent-teen relationships and adolescent development.

What can you expect? Reflect on and discover how to meet your youth's attachment needs and further develop your parenting approaches.

Register for our in-person fall group or to waitlist yourself for future groups.

#ConnectForCaregivers #ParentingJourney #ParentingSupport #AttachmentMatters
 #FamiliesofRDCRS #RDCRS



St. Francis of Assisi Middle School

is using Smore to create beautiful newsletters

